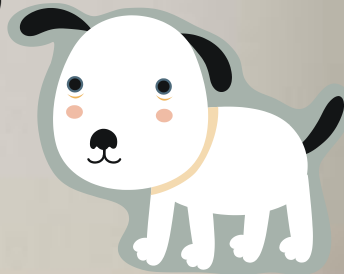


# Top Tips for Bedtime Story Reading

- Find a special place
- Find somewhere with no distractions
- Sit in a position where you can both see the book
- Keep roughly to the same time each day
- 10-15 minutes is long enough – don't force your child if they are not interested
- Cuddle up together
- Talk about the pictures – you don't have to read the whole book
- Relate the story to real life (e.g Do you remember when we saw a dog like that?)



- It's fine to read the same book over and over again. This shows you have a child who loves books and is on the way to becoming an enthusiastic reader
- Take the lead from your child:
  - You don't have to start at the beginning
  - You can skip pages
  - You don't have to finish the book
  - You can change the words
- Let the child take turns
- Choose books with rhythm and rhyme